# February 2021 online edition

The Grapevine your community news

# Colton, Easton & Marlingford

### The Parishes of Easton, Colton, Marlingford & Bawburgh

Benefice Rector	Revd Laura Montgomery	01603 744551
	eastonbeneficeoffice@gmail.com 172 Fairways, Queen's Hills, Costessey, NR8	5GB
Associate Priest	Revd Penny Goodman garry.goodman@btinternet.com	01603 279393
Reader	Peter Pease, 19 Woodview Road, Easton	01603 880255

### St Peter's Church, Easton

Churchwardens	Peter Pease, 19 Woodview Road, Easton	01603 880255
	Margaret Seely, 8 Kennedy Close, Easton	01603 880888
PCC Secretary	Anthony Perry, 7 Pegg Close, Easton	01603 882265
Treasurer	Dave Batchelor, 9 Cleves Way, Old Costessey davejbatchelor@sky.com	01603 322987

### St Andrew's Church - Colton

Churchwarden	Sarah Smith Bickerston Cottage, Church Lane, Colton	01603 757865
PCC Secretary	Liz Plater Church Cottages, Church Lane, Colton	01603 880556
Treasurer	Judy Scrivener, The Old Post Office, Norwich Rd, Colton, NR9 5BZ	01603 881540

### St Mary's Church - Marlingford

West Cottage, Barford Rd, Marlingford	01603 880846
Sally Neale Heronsbridge, Bawburgh Rd, Marlingford	01603 882110
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	Sally Neale Heronsbridge, Bawburgh Rd, Marlingford Felicity Maton West Cottage, Barford Rd, Marlingford Carol Chiles 7 Juniper Close, Cringleford, Norwich

#### St Mary & St Walstan's Church - Bawburgh

Churchwarden	Susan Knight	07876 717487
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## Parish Council Clerks

Easton	Francis Woodcock Flat 2 Kimberley Hall, Barnham Broom Rd, Wymondham Clerk@eastonparishcouncil.co.uk	07879 379181
Marlingford & Colton	Maria Hutson Marlingfordandcoltonpc@gmail.com	07759 534885

### The Grapevine

Editor Clare Howard, clare@ragbagprojects.co.uk

Contributions for inclusion should reach the Editor by the **15**<sup>th</sup> of the previous month.

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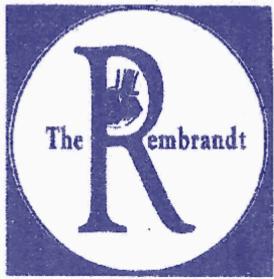
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Magazine is designed by Clare Howard and printed by Grapevine's Printing Team.

# www.rembrandtrestaurant.co.uk

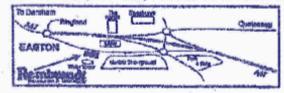


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# **The Rambling Vine**

## **Greetings Grapevine Readers.**

## Our World:

What a different world we live in just now – it's one of those great changes that makes HISTORY. I'm sure we all wish it hadn't happened at all but it's amazing how together we will get restarted. We wouldn't be here otherwise. Despite all the necessary restrictions I hope you are all staying well and keeping your spirits up.

### **Church Services:**

So many activities are 'on hold' including services in our churches but every Sunday morning at 10am there is a Zoom service. If you would like to join in please email Rev. Laura at <u>eastonbeneficeoffice@gmail.com</u> and she will send you the link. Each service is recorded and put on Youtube later that day – easton benefice site:youtube.com and if you look now you'll see last Sunday's service and previous recordings.

### **Church Opening:**

Three church buildings in the Benefice open for a weekday from 9am until late afternoon for quiet prayer and contemplation: Bawburgh Thursdays, Marlingford Fridays and Easton Saturdays.

## Ash Wednesday:

During February the season of Lent begins, on Ash Wednesday 17<sup>th</sup> February, which is a time of preparation for Easter. All those on the email contact list for services will be sent further details and notices put on Church noticeboards.



### Valentine's Day:

I mention Valentine's Day which falls on 14<sup>th</sup> February. St Valentine is remembered because he carried out marriage ceremonies for young lovers against an edict of the Emperor Claudius and was executed. When he was in prison he left a farewell note for the jailor's daughter, who had become his friend, and signed it 'From your Valentine'. A small act of kindness is remembered.

### Julian of Norwich:

A book not yet in circulation is 'The Way of Julian of Norwich – A Prayer Journey Through Lent' by Sheila Upjohn. It will be available on Amazon from February 26 – paperback and kindle. Even though Lent will have started, this book brings so much to understanding ancient writings and enlightenment. Get to know our own medieval mystic, Mother Julian of Norwich, who lived through several outbreaks of the plague. Her message of love is for our time.

*Felicity Maton* 01603 880846



# **A Breath of Fresh Air**

It was a beautiful day; crisp, cold and the sun was shining. I try to go for a walk every day but this time I felt ready to make it a long one, well a long walk for me. I passed homes of people I've known for years and wondered how they were coping with this shut-



away life. A figure approached, a neighbour I hadn't seen for ages; positions were taken for a greeting across the road; a warm exchange of news then, 'see you later' and on.

Repeated TV walk programmes are like this, but this is real and helps to fill the social void.

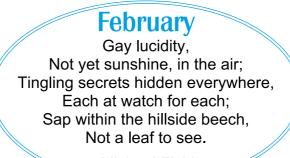
I used to know an author who had schooled herself to isolate for long periods, as her stories flowed into text. Her morning schedule was to review yesterday's writing, then carry on creating until mid afternoon, when she walked. I still admire her discipline.

The walks gave her new energy – and that's what I found as I went off-road on foot paths and through the ancient woodland near my home. It was very muddy (all that rain and melting snow) but other walkers had laid fallen wood across pathways where occasional streams were flowing. *Hereward the Wake!* I



thought – they too must have known about him crossing the Fens to Ely. Up in the branches of these huge trees are big birds that complain as you disturb their isolation, probably kites – *spooky woods from fairytales*. On past the Cricket ground where the car park is a lake – *what fun to paddle a small boat on it.*  The Church was open that day for private prayer and just as I was leaving, I met a man who was pleased to be able to go in. He asked about the age of the building, so we discussed that and the good and bad times its people must have lived through. We are going through one of those rough times now, but we are not alone and it has helped me to manage the ups and downs by being thankful for all I have.

Felicity Maton



Michael Field

# Marlingford 50 Club

The revenue from this lottery has been very helpful in supporting the work and fabric of the oldest building in the village. Thank you to all our members.

Despite the Pandemic the 50 Club will continue this year!

If you subscribed last year and wish to continue, please send your £20 per number direct to the Bank Account:

- Marlingford Church 50 Club
- account no: 00378445
- sort code: 20-62-53.

Mark your deposit with your name.

Or send a cheque to the Churchwarden: Felicity Maton, West Cottage, Barford Road, Marlingford, Norwich NR9 5HU.

# Knobbly Tree, Marlingford https://norfolkcorners.blogspot.com

### November 2020:

The weather has been fine this autumn, providing lots of

opportunities for capturing beautiful reds, golds and oranges on camera. While I was out admiring the colours, I happened across this knobbly tree clinging determinedly on to the side of the road just outside Marlingford.

When I showed my photos to a local literary expert (my wife) she was reminded of J.R.R. Tolkien's tree-like creatures, the Ents. The twisting, serpentine roots do seem to suggest that the tree has some mysterious other



life where it moves around the countryside unseen by human eyes.

Stepping back from the roots, you can see that it is actually a healthy looking beech tree without any noticeable burrs or other indications of past or present diseases or stresses other than the land dropping away on the side where the road is. Sorry for leading you here with a misleading title knobbly tree fans but before you shut down your browser and turn away in despair shall we look at the knobbly roots for a while?

It is generally bad news for plants to have their roots exposed above ground like this as the roots are more susceptible to disease from insects, bacteria, fungi, etc. Trees and especially well established trees like this one are less susceptible because of the bark that has developed over its long life. If the bark gets damaged though, the wound becomes a window for infection again.

As trees get old its quite common for their roots to reach the surface but the amount of roots exposed on this tree (let's call it Alan) is unusual. It looks like Alan was already well established when the road was built so his tough roots



have continued to anchor him very successfully. The road has been around for a very long time though. There are records of the mill that sits further up this road dating back to the 18th century. Perhaps the slope to the road was originally much sharper and has gradually eroded exposing the network of roots. Although tree roots can grow several metres deep, when you look at the roots of upturned trees here in the UK the root systems tend to be spread out wide rather than deep. If Alan's roots have been gradually exposed by erosion then perhaps that has given him the opportunity to extend his roots deeper as an adaptive response.

I turned to two local folklore and fairytale experts (my daughters) for their thoughts. Looking at the photos, they noted that there was definitely something magic about Alan and discerned an eye, a nose and a mouth that I hadn't seen before.

Matt Couchman

# Marlingford & Colton Parish Council

www.marlingfordandcoltonpc.norfolkparishes.gov.uk Welcome to the Marlingford and Colton Parish Council section of Grapevine.

### **Coronavirus Support and Information**

If you are in need of support or cannot access essential items, or need to speak to someone immediately regarding Covid-19, please call **01508 533933** or email <u>helphub@s-norfolk.gov.uk,</u> Monday to Friday between 08:15 - 22:00 and Saturday to Sunday, 10:00 to 16:00 (emergencies only).

### **Marlingford Conservation Area**

The Parish Council own Marlingford Conservation Area and are keen to see it used by all residents. The area currently has a play area aimed at younger children. However, as children within the village get older the council are exploring ways to make the area appealing to older children.



If you have children, we would love to hear what they would like to see within the village. At the moment we are putting together a wish list to investigate what we can realistically achieve and what funds are available to the Council. Please get in touch with the Clerk on the details at the end of this article.

### **Colton Amenity Area**

Colton Amenity Area is due a deep clean of the play equipment. However due to the weather and wildlife some equipment will only be in pristine condition for a short period of time. If you are a user of the amenity area and would be willing to be included in a cleaning rota for the equipment please get in touch with the Clerk on the information below. The Council would like to explore further developing the area. The Amenity Area is currently leased from a local landowner which is due to expire next Spring. The Parish Council have not been able to extend the lease with the owner at present and this therefore significantly restricts pursuing funding for new equipment.

## Flooding

There are a number of areas within the parish that are subject to flooding. This was highlighted after the heavy rain just prior to Christmas. The Parish Council are working with the district and county council to collate those areas that are prone to flooding. It is hoped that by working with other organisations it will be possible to implement changes to reduce future flooding.

If you experienced flooding or would like to highlight areas that are subject to regular flooding please email the clerk, Maria, on the details at the end of this article.

Please can we remind residents that the Help Hub run by South Norfolk County are there in times of need and during the recent flooding where able to assist with obtaining sand bags, They can be contacted on 01508 533933 or email <u>helphub@s-norfolk.gov.uk</u>, Monday to Friday between 08:15 - 22:00 and Saturday to Sunday, 10:00 to 16:00 (emergencies only).

### **Bin Collection**

South Norfolk Coincil have decided that bin calendars will no longer be provided to individual residents for a number of reasons. Most collection dates have not changed but residents are able to use the customer account functionality on the South Norfolk Council website to check dates. Once a resident is registered or logs in to their respective property, their next waste collection dates are displayed for rubbish, recycling and garden waste. There is also have the option to print their individual bin calendar directly from the webpage.

If you do not have access to the internet, then you can call the Depot's customer care team on 01508 533830 to confirm collection dates or have a printed calendar sent to your property.

Continued .../

### Next Parish Council Meetings

Parish Council Meeting are held on the second Tuesday of the month at 7pm (except August) and are currently being held virtually via Zoom.

Members of the public who would like to attend can do so using the link or meeting ID and passcode below.

9<sup>th</sup> February 2021 <u>https://us04web.zoom.us/j/74218441375?pwd=R24zR1I0aWhm</u> <u>R1dzOWxSWjdXUDVwZz09</u> Meeting ID: 742 1844 1375 Passcode: eaw1H5

Maria Hutson, Clerk to Marlingford and Colton Parish Council, telephone: 07759 534885 email: marlingfordandcoltonpc@gmail.com website: marlingfordandcoltonpc.norfolkparishes.gov.uk

# **February Flowers**

February is a quietish month for wild flowers in England. Although the numbers of new wild flowers are low in February, it is fun looking for them.

Those regularly first appearing in February include: Alder, Cherry Plum, Colt's-foot, Danish Scurvygrass, Dog's Mercury, Goat Willow, Golden Saxifrage, Lungwort, Primrose, Spring Crocus, Sweet Violet and Three-cornered Garlic.



It is also a month in which there is considerable year on year variation. Flowers that first appear in January, such as Snowdrops, become much more common and dominate their habitats in February.

From English Wild Flowers, a Seasonal Guide by Keith Jones http://www.seasonalwildflowers.com/

# 17

# The Colton 100

Thank you to everyone in Colton and beyond for supporting our Village fundraising event in aid of the Night Shelter.

Many people took up the challenge to cycle, walk or run 100 miles. Our eventual tally was well over 200 miles and it was lovely to receive photos and texts from those venturing out into the local countryside.

Walkers who passed by the Goat Shed were given sustaining mulled wine; thank you Sam for arranging this. Thank you, too, to all of those who joined Sarah and me for coffee and brownies on Sunday morning. It was a very special opportunity for the community to meet and chat and we

enjoyed getting to know people we had never spoken to before.

Thank you for every contribution whether it was in collection pots in the Goat Shed, The Norfolk Lurcher or outside Church House or on the Just Giving Site. Our total stands at £645.50 (including £52.50 in Gift Aid) which

is an amazing result given we thought our target of £250 was sufficiently ambitious.

The work being done by the Night Shelter this year is so important to many in Norwich and we know St Martin's Housing are very grateful.

Many have asked what we can do as a community next year! We look forward to hearing your ideas throughout 2021. Happy New Year

Liz Plater





# We all need a little help from our friends ....

For over 1000 years St. Mary's Church, Marlingford has served this community out of the love we have for you and as a response to God's love for us all.

In this time of the Coronavirus we are still seeking to serve in ways of love and care but we are more aware than ever of our need for all the help we can get as we are hit by the financial impact of this pandemic. So if you are able, please would you consider helping us to continue being here for you?

To donate to St. Mary's, open up your camera on your phone and point it at this black and white box (QR code). This will take you to our online donations page.



Or give to our Bank account; set up a regular Direct Debit or a donation:

Marlingford Parochial Church Council - account no: 80602698 sort code: 20-62-53

Thank you.

Sharing the love of Jesus in our community

# **Chinese New Year**

12 February 2021 is the start of the Chinese New Year, also called the Spring Festival. The date changes every year according to when the second new moon falls after the winter solstice. Celebrations last for several days and include putting up



red decorations; eating a family dinner on New Year's Eve; fireworks, and giving children red envelopes containing money.

According to Chinese Astrology this will be the Year of the Ox.

# **Easton Good Companions**

We would all like to wish everybody a Healthy New Year and getting back to normal.

We are all well and were able to get everybody's Christmas cards delivered to them from members of the Club. Some of our members have been poorly but are on the mend.

One of our members, Holly Monton, has moved and left the Club, we all wish her the best. Lillian R is 80 years old this month, we all wish her a very Happy Birthday.

I thought you would like to see this poem: it was so lovely!

Jean Ditton

# A Christmas Poem

There is a list of folk I know, all written in a book, And every year at Christmas time, I go and take a look. That is when I realize those names are all a part Not of the book they're written in, but deep within my heart. For each name stands for someone who has touched my life sometime,

And in that meeting they've become a special friend of mine.

I really feel that I'm composed of each remembered name, And my life is so much better than it was before they came. Once you've known that 'someone', all the years cannot erase, The memory of a pleasant word, or of a friendly face.

So never think my Christmas cards are just a mere routine Of names upon a list that are forgotten in between. For when I send a Christmas card that is addressed to you It's because you're on that list of folk that I'm indebted to And whether I have known you for many years, or few, The greatest gift that God can give is having friends like you!

Author Unknown

# Easton Parish Council www.eastonparishcouncil.co.uk

Welcome to news from Easton Parish Council.

## Lockdowns and the Emergency Plan

We are all grappling with the Covid-19 rules and the Parish Council is keen to see that parishioners comply with government guidelines to ensure everyone's safety and provide support to our NHS during this critical time as the vaccines are being rolled out. To reiterate the recent advice about vaccination sent out on information cards to households, remember:

- Make sure you are registered with a Doctor.
- You **must** wait for your invitation to book your appointment.
- You **can** use taxis and public transport to get to your appointment, but lift-givers must follow Govt Guidelines for Safer Travel (see www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers).
- **BEWARE of SCAMMERS!** Vaccinations are ALWAYS FREE. If you are in any way suspicious of offers made to you involving a charge for vaccination services, report it to the Police.

If you have concerns regarding yourselves or others, especially with what might be considered non-essential journeys, and/or if you are thinking of planning any organised outdoor event or activity which may encourage participants to gather together at specified locations or trails, please ensure these are sanctioned by the Police first. Fines are the last thing we need! Please contact Stu Bernard at the Norfolk Constabulary's Safety Neighbourhood Team by email at <u>stuart.barnard@norfolk.police.uk</u>.

Wherever possible, keep inside and keep safe! Outside, social distancing is a must! This applies especially to the playgrounds

in Easton, which government guidelines currently allows the Parish Council to keep open, apart from the sports equipment on the College Heights playing field, so long as we all use them safely.

If you need help through this Lockdown, with food supplies, obtaining medicines or shopping. **South Norfolk Council's Help Hub's contact telephone number is 01508 533933.** And do use the parish website as a resource for useful information relating to new government guidance and latest changes impacting Easton.



## Other recent issues arising

The proposed Special Education Needs (SEN) School on land to the east of Deer Park House, Bawburgh Road. A presentation was made recently to the Council following a public webinar. This is part of the Government's Free School Programme and the only new school of this type designated for Norfolk. Full teaching capacity would take 5 years to complete, for 170 children aged 4 to 19. It was stated that the aim was for infrastructure works to start in May 2021 and school building work starting in November 2021.

Plans for the external site were presented. These detailed the site including car parking with room for 35 vehicles for dropping off pupils between the hours of 8.30-9.00am and after 3.00pm. Existing boundary shielding would be utilised on 3 sides and tree loss from the private access road from Bawburgh Road would be mitigated to give a net gain of trees on completion of the project. NCC Highways would enhance Bawburgh Road, including a pathway on the College Heights side of the road as you look down from Dereham Road). Also included, low level street lighting up to a footway crossing point opposite the School's new 20mph private road off left of Bawburgh Road (again as you look down). An electrical substation would be sited to the right of the access road.

## 24/7 Access to the Rembrandt's defibrillator

Many thanks to Skip and Lucy for allowing us to place the Rembrandt's defibrillator machine in their entrance lobby for 24/7 use, and to Roly Chapman for fixing this all up. This now complements the other two 24/7 machines at Easton Village



Hall, and just over the bridge in Lower Easton.

## **Council meetings**

Easton Parish Council will be holding virtual meetings on the first Monday of every month online via Zoom. The next

meetings will be Monday 1<sup>st</sup> February, and Monday 1<sup>st</sup> March, both at 7.30pm.

For a Zoom meeting, please see the parish council website to obtain details for signing up. Please contact the Council if you need any further help with this. We hope you can attend or watch online via Youtube.

Francis Woodcock, Easton Parish Clerk Flat 2 Kimberley Hall, Barnham Broom Road, Wymondham Email: clerk@eastonparishcouncil.co.uk

> The February sunshine steeps your boughs and tints the buds and swells the leaves within.

> > William C. Bryant

# **Easton Women's Institute**

At last, we have said goodbye to 2020 but sadly, at the moment, 2021 is not looking a whole lot better unless you are fortunate enough to have had the first dose of the COVID vaccine.

I was dreading Christmas without our family being with us but as it turned out it exceeded my low expectations of what it might be. Each of my sons was in charge of cooking the family Christmas lunch in their own homes as I was here. We had synchronised turkey/chicken cooking and eating via Social Media followed by present opening on Zoom!! By the end of the day, I felt we had spent Christmas together and even made a few memories for the future. We certainly had some laughs which I was not expecting.

It will be lovely when we all able to see our families for real but thanks to the internet we have been able to maintain a kind of new version of the old reality and I even feel I know more about their lives because of talking to them on screen while they are in their own homes.

The WI have not met now for almost a year which is very concerning. We have tried to keep in touch both with each other and with the Norfolk Federation by the use of email and Social Media. It is not the same, but it has been all that is it is safely possible to do. I am hoping that we can meet again in either March (doubtful but possible) or April (more likely) and that all our members will feel confident that they can safely be there.

At least now, as well as the resumption of our meetings, we have got the spring and summer to look forward to. The days are already beginning to get longer, we have snowdrops in bud in our garden and the birds are beginning to eye up the nesting boxes and each other. These signs of new life always cheer me up at this otherwise depressing time of year and this year is no different in that respect.



WI members will have seen the postcard that the County Federation have produced for member to record what has been happening to them during the COVID crisis so a lasting record can be made to inform people in the future of the effects on all of us of living through a pandemic. If you can it would be a particularly good thing to do as these are unusual times and should be documented. I still have a copy of it on my computer and can always send you one or print one off for you. You can just write down your thoughts without using the WI postcard if you would rather. I am happy to send them off for you or you can send them direct to WI County Office. Its something to do that isn't a jigsaw or cake baking!!

Mary Blathwayt

# **Anyone for Pancakes?**

There won't be any pancake races this year, but 16<sup>th</sup> February will still be Shrove Tuesday: also known as Pancake Day or Mardi Gras (French for 'Fat Tuesday').

Why is it called Shrove Tuesday? In the Catholic church, people would attend church on this day to confess their sins and be forgiven or 'shriven', in order to be in a proper frame of mind for the reflective time of Lent, which begins the following day and lasts for 40 days.

Why do we eat pancakes? In the Christian church Lent is a period of fasting or self-denial. This meant that Shrove Tuesday was a day for eating up the eggs and fat that would otherwise be wasted and taking the opportunity for a bit of celebration. Pancakes of various types are widely cooked throughout Europe and



the USA and can be sweet or savoury. Recipes are found as early as the fifteenth century, although they have probably been around a lot longer - perhaps dating back to Roman times.

However you make yours, enjoy them!

# **Norfolk Constabulary** Community Update 29/01/21: Covid 19

Last weekend, we issued 55 fixed penalty COVID-19 enforcement notices. These included six people from different households found at a house party celebrating a birthday as well six people from four different households who had gathered for a BBQ to celebrate a child's birthday. Other fines were for a man who travelled from Bristol to Norwich because he liked walking his dogs in Norfolk, a man from Cardiff who travelled to Norwich to visit friends, and three people who had travelled from Coventry to visit friends in the county. Fines were also issued to people gathered outside a property, some of whom had travelled from Bury St Edmunds and people from different households found sitting in a car together at Gorleston. These are all clear breaches – a blatant disregard of the regulations which are there and in place to protect us.

Since the announcement of a third lockdown we've been open about our approach becoming more robust. I am confident that our approaches have been and still remain at the right level. It is important our communities continue to have confidence in us. We police by consent in this country so it's important we strike the right balance – we should be educating the public about the rules and the risks to their health but stepping in to enforce when people knowingly put others at risk. Put simply, the time for endless encouragement is over.

Officers will continue to follow the 4Es approach and will always try to resolve situations through voluntary compliance by engaging, explaining and encouraging people to adhere to the rules. However, COVID-19 has been with us for nearly a year. The risks are well known and people know the rules. We have to take this into account and reflect it in our policing approach. We all have a part to play in this pandemic. In policing, our aim at any time, pandemic or not, is to keep the public safe and prevent harm so we will continue to enforce the rules when we need to. "Surely as cometh the Winter, I know There are Spring violets under the snow." R. H. Newell



# The Grapevine: *Your* Community Newsletter

- We continue to circulate Grapevine by email as current conditions mean that we are unable to print and distribute it. *Please help your community by forwarding it to others who would like to receive it, or if you are aware of someone nearby without email it would be wonderful if you, would print some, or all, of it and deliver it to them!* You could be bringing a message of 'someone cares' to a lonely neighbour.
- We would love to hear from you! Please send your contributions to Clare Howard, clare@ragbagprojects.co.uk
   Copy Deadline: 19<sup>th</sup> February for the next edition of Grapevine, to be circulated on 1<sup>st</sup> March.
- This year there are no brown envelopes asking for a donation: if you would like to help Grapevine to keep going, our bank details are:

## Account Number 20420956 Sort Code 20-99-08

• If you are aware of a business who might like to advertise in Grapevine, either regularly or as a one-off, please do bring us to their attention.

Clare Howard, Grapevine Editor clare@ragbagprojects.co.uk

# Grapevine Advertising put your business here!

For more information contact: Sally Neale - 01603 882110 heronsbridge20@btinternet.com

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## Information for the Villages

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Easton College Tennis Centre01603 7313S.N. District CouncillorMrs. Margaret Dewsbury, 6 Park Avenue, Barford NR9 4BA01603 7596	302
S.N. District Councillor Mrs. Margaret Dewsbury, 01603 7590 6 Park Avenue, Barford NR9 4BA	
	173
Norfolk County Councillor Mrs Margaret Dewsbury (as above)	
Colton Village Hall – BookingsRosie Castle, Darwin, Norwich Rd, Colton01603 8801	191
Colton Carpet Bowls ClubDennis Mickleburgh, Avalon, The Street, Colton01603 8803	391
Easton Badminton Club SecMrs.C.Brown, 22 Marlingford Way, Easton01603 8804	433
Easton Bowls Club SecMrs. M. Cossey, 28 Woodview Rd, Easton01603 8807	789
Easton Crafters ClubMrs Janet Morris01603 4711	144
Easton Football ClubMichael Cossey, 73 Marlingford Way, Easton01603 8801	143
Easton Good Companions SecPamela Hooker01603 8808	867
Easton Gym Clubwww.thegym4u.co.uk01603 9603	511
Easton Judo Club Coach     Chris Abel, 29 Goulburn Rd, Norwich     0845 388 6	895
Easton Junior Football       chris@eastonjudoclub.co.uk         Gavin Tipple       01603 7315         gtipple@easton-college.ac.uk       01603 7315	585
Easton Junior/Senior Netball       Karl Chapman         kchapman@easton-college.co.uk	
Easton Post OfficeOpen Tuesdays & Thursdays 9am till 2pm01603 8800	)07
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Marlingford Village Hall BookingsPauline Baker01603 8812Doctors (Surgeries):Costessey, Roundwell01603 7440Beechcroft01603 746001603 7460Hethersett01603 8812Output01603 8812	014 583 323
Police Non urgent 101 Emergency 999	
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Community Car SchemeJean & Dave Ditton01603 8808	357
Citizens' Advice Bureau Wymondham 03444 1114	144
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