

November 2020

online edition

The Grapevine

your community news

Colton, Easton
& Marlingford

The Parishes of Easton, Colton, Marlingford & Bawburgh

Benefice	Revd Laura Montgomery	01603 744551
Rector	eastonbeneficeoffice@gmail.com 172 Fairways, Queen's Hills, Costessey, NR8 5GB	
Associate Priest	Revd Penny Goodman garry.goodman@btinternet.com	01603 279393
Reader	Peter Pease, 19 Woodview Road, Easton	01603 880255

St Peter's Church, Easton

Churchwardens	Peter Pease, 19 Woodview Road, Easton Margaret Seely, 8 Kennedy Close, Easton	01603 880255 01603 880888
PCC Secretary	Anthony Perry, 7 Pegg Close, Easton	01603 882265
Treasurer	Dave Batchelor, 9 Cleves Way, Old Costessey davejbatchelor@sky.com	01603 322987

St. Andrew's Church - Colton

Churchwarden	Sarah Smith, Bickerston Cottage, Church Lane, Colton	01603 757865
PCC Secretary	Liz Plater, Church Cottages, Church Lane, Colton	01603 880556
Treasurer	Judy Scrivener, The Old Post Office, Norwich Rd, Colton, NR9 5BZ	01603 881540

St. Mary's Church - Marlingford

Churchwardens	Felicity Maton, West Cottage, Barford Rd, Marlingford Sally Neale, Heronsbridge, Bawburgh Rd, Marlingford	01603 880846 01603 882110
PCC Secretary	Felicity Maton, West Cottage, Barford Rd, Marlingford	01603 880846
Treasurer	Carol Chiles, 7 Juniper Close, Cringleford, Norwich carolachiles@gmail.com	01603 502201

St. Mary & St. Walstan's Church - Bawburgh

Churchwarden	Susan Knight	07876 717487
The Grapevine		
Editor	Clare Howard, clare@ragbagprojects.co.uk	

Contributions for inclusion should reach the Editor by the 15th of the previous month.
Magazine is set for printing by Clare Howard and printed by Grapevine's Printing Team.

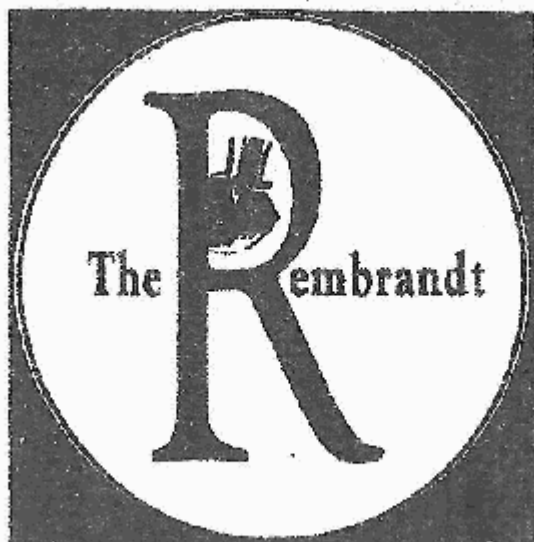
Treasurer	Carol Chiles, 7 Juniper Close, Cringleford, Norwich carolachiles@gmail.com	01603 502201
To Advertise	Sally Neale, Heronsbridge, Bawburgh Rd, Marlingford NR9 5AG heronsbridge20@btinternet.com	01603 882110

Rates for a year (950 circulation, 10 times a year): Advertisements are accepted in black/white, in a standard image format (jpeg, png, tif, bmp). Inside pages: 1/8 £35, 1/4 £60, 1/2 £100, Full page £170, Back page 1/4 £120, 1/2 £170.

Parish Council Clerks

Easton	Francis Woodcock, Flat 2 Kimberley Hall, Barnham Broom Rd, Wymondham Clerk@eastonparishcouncil.co.uk	07879 379181
Marlingford & Colton	Maria Hutson Marlingfordandcoltonpc@gmail.com	07759 534885

www.rembrandtrestaurant.co.uk

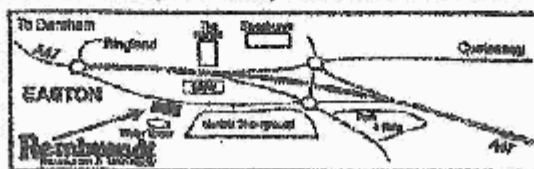


**Fish and Chips
Restaurant * Bar * Take Away**

*****Fresh fish delivered daily*****

	Lunch	Dinner
Sunday	Closed	Closed
Monday	Closed	Closed
Tuesday	11:30 - 1:30	4:30 - 10:00
Wednesday	11:30 - 1:30	4:30 - 10:00
Thursday	11:30 - 1:30	4:30 - 10:00
Friday	11:30 - 1:30	4:30 - 10:00
Saturday	11:30 - 1:30	4:30 - 10:00

Dereham Road, Easton, Norwich 01603 880010



Try Acupuncture for

Musculoskeletal Pain.
Sports Injuries.
Asthma. Arthritis. IBS.
Stress. Insomnia. Headaches.
Infertility. Gynae Disorders.
Facial Rejuvenation

01603 881376

for an appointment

Chris Winter Bsc hons Lic Ac
Member of British Acupuncture Council

White Arch Clinic, Easton,
Norwich

www.acu-pro.co.uk

Easton's Local Driving School



Excellent Pass Rate

**Excellent Tuition
Competitive Prices**

Call **Mark** on
07908 484965

www.like2drive.co.uk
52 Marlingford Way, Easton



- Dog Walking
- Puppy/Elderly Dog Visits
- Pet Taxi to Vets and Groomers
- Home Boarding for Dogs
- All Pet Care from Horses to Tortoisés!
- Fully Insured

Carla Magnus
07789 697 732

Facebook:
MagnusDogWalking

Email: magnusc@sky.com

DKM
Finance
Tax - Accounts
Construction Tax Experts

- Self-Assessment -
- CIS -
- Rebates -
- Tax management -

**Contact us now
for a free quote**

E: info@dkmfinance.co.uk

T: 0843 289 7770

www.dkmfinance.co.uk

R.D. GUEST

**Plumbing & Heating
Engineer**

- Oil
- Gas
- Renewables
- Water

**2 Riverside Cottages,
Bawburgh Road,
Marlingford, NR9 5AG**

**Call Ryan on
01603 880459
or 07921 956442**

**info@rdguestplumbing.co.uk
24 hour call out available**

S.W. Contractors Groundworks & Gardening

**Patios - Shedbases
Fencing
Hedge-trimming
Trees Lopped & Felled**

**All types of work
considered**

**Ring SIMON on
01508 495528**



**City
Guilds
Qualified**

E.E.S. ELLIOTT ELECTRICAL SERVICES

**Fault finding
Landlords certs
Extra power/lighting
Economy 7 heating/repairs
Replacement fuse boards**

**Call Mick
07983 555863
01603 881130**

mickel.me@googlemail.com

PINEWOOD FENCING AND NEPS LTD

**ERECTORS OF
QUALITY DOMESTIC
FENCING**

**established for over 40
years**

FREE QUOTATIONS

**Call PETER on
07931 368785**



PDF Heating Services

www.pdfheatingservices.co.uk e: info@pdfheatingservices.co.uk

t: 01603 262705 m: 07899 808113

Gas Boiler Service & Installation	Un-vented Hot Water Cylinders
Oil Boiler Service & Installation	Heating System Cleansing
Domestic & Commercial/Catering	Bathrooms & En-suites

Bluebell Osteopathic Practice

EASTON, WYMONDHAM & NORWICH

Arnaud Geanty D.O., Registered Osteopath & Cranial Osteopath

Gentle, safe and effective treatment to bring your body back into balance.

For Sciatica, Back, Neck pain or injury, Knee pain, Tennis Elbow, Frozen Shoulder, Whiplash injury, Headache, Migraine, Stress, Chronic Fatigue Syndrome (M.E.), Pregnancy, Babies and Children...

Acupuncture
now available
at Bluebell Practice with
Rebecca Geanty
Bsc Hons. Lic. Ac. MBAC

Tel: 01603 880214

Easton Practice
2 Woodview Road
Easton
NR9 5EU

Wymondham Practice
43 Hubbard Close
Wymondham, NR18 0DX
(off Tuttles Lane, B1135)

Norwich Practice
21 Charing Cross
Norwich
NR2 4AX

EASTON VILLAGE HALL
Available for Group
Meetings, Activities &
Private Parties

Seating for 100, modern kitchen,
cloakroom facilities, car park.
Booking/Details from M. Cossey,
28 Woodview Rd, Easton
Telephone: 01603 880789

Sue Garcia

MSSCh MBChA

CHIROPODIST

Friendly home visits by
appointment

01603 880477

HCPC Registered
Member of the British Chiropody &
Podiatry Assoc.

Colton Registered
Childminder

NCMA, member of the National
Childminding Association.
Ofsted grading outstanding.
For all your local childminding
needs please contact:

Rachel May
01603 880013

mikeamiss
signs

Traditional & Contemporary Signwriting

T: 01603 81529 w: mikeamiss.co.uk
E: mikeamissigns@btconnect.com

Unit 2, Hall Farm Barns,
Pockthorpe Road, Gt. Melton,
Norwich NR9 3BW

PROFESSIONAL
TREE SERVICE

Tree Surgery ~ Felling
Hedges Maintained
Fully Insured

Tel: R. Whiting
(01603) 759563

CITY DOMESTICS

78 The Shrublands, Horsford, NR10 3EL

Repairs to most makes of Washing
Machines, Tumble Dryers, Vacuum
Cleaners, Dishwashers etc.
Evening work undertaken

Norfolk Trusted Trader approved

David Ward 01603 891787
07765 491630

TCG SCAFFOLDING
SERVICES

Any size Domestic or
Commercial Scaffold

Tel: 01508 531765

or email

enquiries@tcgscaffolding.co.uk
enquiries@tcgarrettroofing.co.uk

KINGFISHER
PRIVATE HIRE

Your local taxi service
Time and distance no object

07807 711276

Fully insured
Licensed by
South Norfolk Council

The Rambling Vine

As I write we are nearing the end of October. The nights are definitely drawing in and it was a very gloomy walk to school this morning. Given the situation in our country and across the world right now it could be easy to lose hope and give in to despair.

In our cultural calendar we have a couple of events coming up – Halloween and Bonfire Night – that are usually a tonic for families as we approach the dark days of Autumn and Winter. This year however, there is obviously a lot of discussion around how these events can now be made “Covid-safe”. If you typically celebrate these events with your family then I hope you have managed to find a way to enjoy them despite that challenge!

As a Church we also are looking towards some major events and again our thinking has very much been on the same lines of safety. Firstly our annual service of Remembrance which will take place in Bawburgh this year. This will be taking place outdoors within the graveyard, whatever the weather, and will be focused on the war memorial. There is a number limit of thirty people and different household groups or 'bubbles' must socially distance within the graveyard. Afterwards, those who wish to can come inside the church for a service of Holy Communion.



Then of course the 'Big One': Christmas. We are usually putting together our benefice-wide plan of Christingles, Carol services and Crib services about now. This year, however, it has become increasingly obvious we cannot plan as we would usually. Due to the vast number of people who attend these services throughout our communities we simply could not put

on enough socially distanced services to cater for all who usually attend. Therefore we are hoping to do things a little bit differently.

We are planning an online Community Carol Service and an online DIY Christingle both of which we hope to broadcast on YouTube. The idea being that you can join in, watch and *sing* from the comfort of your own home – either when it 'premieres' or at another time convenient to you. You might like to gather with your 'bubble' or household with a glass of something and watch it together. This is a new venture for us – we have just got our heads around Zoom services, but YouTube is another step on in this new increasingly online world (pray for us!). We are hoping to have some familiar faces for young and old alike involved and will have more details in the Christmas edition of the Grapevine.

In addition to this we are still having Christmas Eve and Christmas Day Holy Communion Services. Given the fact we cannot sing carols as we would usually, these are likely to be quiet reflective services with some carols to listen to. Places for these will be on a first come first served basis until we reach capacity. This, of course, is subject to change depending on how government regulations stand in December.

The Church of England's focus for the Advent season this year is 'Comfort and Joy'. Our aim is to embrace the new whilst still offering that age old message of hope that the coming of Jesus brings. And in doing so, we very much hope we will bring some 'Comfort and Joy' to you all this Christmas season.

*Comfort
Joy*

Rev Laura Montgomery

**For details of Services and open Churches
please see page 10**

Sunday Services

10am * Benefice Communion, Colton Church

6pm Zoom Agape Service.

* *Apart from* Sunday 8th November

10.45am **Remembrance** at the war memorial in Bawburgh churchyard, followed by Benefice Communion in the church.

Churches Open for Private Prayer

Bawburgh: Thursdays 9am - 3pm (*apart from* 5th November, which will be replaced by Wednesday 4th)

Marlingford: Fridays 9am - 3pm

Easton: Saturdays 9am - 3pm (*apart from* 7th November, which will be replaced by Friday 6th)

“Some of the days in November carry the whole memory of summer as a fire opal carries the color of moon rise.”

Gladys Taber



The Grapevine:

Your Community Newsletter

During this time of Covid-19 the Grapevine has continued to be issued each month, not printed but in digital format. The government rules prevent our wonderful volunteers who usually print, collate and staple from gathering together, so it has been emailed to those who gave their email address to us, and the Parish Councils have put it on their websites.

In order to reach **every** home in Easton, Colton and Marlingford we have decided to have the December/January issue professionally printed. We thank, in advance, those who will be delivering around the villages.

Contact Details: For this special edition, which includes Christmas and New Year, we ask for an **update of contact details for all our village clubs and societies**. Please send details to our Editor, Clare Howard, clare@ragbagprojects.co.uk by **15th November**.

Donations: We want to keep our local News Magazine going for all our neighbours and your donations in support of this are greatly valued. We are not sending round envelopes this year but would welcome donations to The Grapevine bank account:

Account no. 20420956 ~ Sort code: 20-99-08

Articles: This is YOUR newsletter, and anyone can send in an article, news, views, chats to clare@ragbagprojects.co.uk. Many thanks to everyone who has submitted articles for this month. The next **deadline is 15th November**.

Best wishes to all our readers,
The Grapevine Committee

Marlingford & Colton Parish Council

www.marlingfordandcoltonpc.norfolkparishes.gov.uk

Welcome to the Marlingford and Colton Parish Council section of Grapevine.

Coronavirus Support and Information

If you are in need of support or cannot access essential items, or need to speak to someone immediately regarding Covid-19, please call 01508 533933.

If you are a resident and need financial support please call 01508 533933, Monday to Friday 08:15 - 17:00.

City of Norwich Half Marathon

Following the postponement of the MHA Larking Gowen City of Norwich Half Marathon in April 2020, new dates have been announced.

The organizing committee have rescheduled the 2020 half marathon to Sunday 11 April 2021, the originally planned date of the 2021 half marathon. The 2021 half marathon will now take place on Sunday 31 October 2021.

Further details on these races including road closures and timings will follow in the spring.

Parish Budgets

It is coming to that time of the year when the Parish Council consider their budgets for the forthcoming year. Parish councils receive a Precept from the district council, South Norfolk District Council. The precept is determined by the Parish Council and forms an element of your council tax bill.



Marlingford and Colton Parish Council are responsible for the maintenance of the amenity areas in both villages, paying for the emptying of dog waste bins and also contribute towards the grass cutting of the parish churches. The parish council have also:

- purchased SAM 2 machines for monitoring speeding motorists,
- support the ongoing costs of consumables for the 2 defibrillators
- and recently purchased an additional dog waste bin.

In setting the budget for next year the Parish Council will be considering what the priorities for the community are. Please let us know if you have any suggestions on how you believe the money should be spent within the parish, we would love to hear your thoughts. Please either contact one of the councilors or contact the Clerk, Maria, on the details below.

Next Parish Council Meeting

The Parish Council Meeting will be held on Tuesday 10th November at 7pm virtually via Zoom.

Members of the public who would like to attend can do so using the link or meeting ID and passcode below.

<https://us04web.zoom.us/j/77120236419?pwd=WnBUbHdnbIRlRlESFh3K0toNFpWSUt1dz09>

Meeting ID: 771 2023 6419;

Passcode: y6MkNC

*Maria Hutson,
Clerk to Marlingford and Colton Parish Council,
telephone: 07759 534885
email: marlingfordandcoltonpc@gmail.com*

The Mobile Library is Open

We look forward to welcoming you back!

We've made some changes to keep you safe, so

- there will only be one person or household (of up to three people) aboard at a time
- please bring your library card with you or join in the library or online
- we may ask for details from you to help with Test and Trace
- you will need to wear a face covering in the library
- hand sanitiser is available for use on the way in and out of the library
- surfaces and computers will be regularly wiped down
- returned books will be quarantined for 72 hours

Your routes are:

Colton (CEN319):

17:00–17:20 Ex Post Office

4-weekly on a Wednesday:

7th October 2nd December

4th November 30th December

Marlingford (CEN317)

14:10–14:25 Cotton Rd (near Home Farm)

14:30 – 14:45 Mill Rd

4-weekly on a Wednesday:

28th October 23rd December

25th November 20th Jan 2021

Easton (CEN419)

10:45–11:00 Parkers Close

11:05–11:25 Marlingford Rd

11:30–11:50 Marlingford Close

11:55–12:10 Kennedy Close

12:15–12:45 St Peters Drive

4-weekly on a Thursday:

29th October 26th November 24th December 21st January 2021

We hope to see you soon!

www.norfolk.gov.uk/libraries

Easton Good Companions

As we have been unable to have our meetings for most of this year, we have kept in touch with our members by sending out a newsletter from time to time.

Some of our members are involved in the Knitters & Stitchers Organisation and because of the shutdown we are knitting squares which we make up to small blankets for Vets and care homes or for dogs and cats etc. It has been good and at least we can keep busy. We are now able to get our knitting to the Organisation but we will still continue knit the blankets.

A good tip for steamed up glasses when you wear a mask:
- Rub the lens with a very small drip of fairy liquid only (not diluted with water) then wipe with a clean tissue until all smears are gone. This will now keep your glasses from misting up.

It was Gwen's 70th birthday on October 3rd, and as we were unable to celebrate at club, a cream tea was sent to her and a few members sang 'Happy Birthday' to her in her garden, keeping to social distancing restrictions.

We hope our members are keeping well and look forward to when our club can meet again. At the moment we are setting our sights on 2021 but realise with changing conditions it may not be possible till well into the year. However we will keep positive and trust by then there will be less restrictions for everyone.

? Q: How does an elephant get out of a tree? ?
• A: Sits on a leaf and waits for autumn! •

Easton Parish Council

www.eastonparishcouncil.co.uk

Welcome to news from Easton Parish Council.

The Emergency Plan

The Parish Council will continue to monitor the situation and the Easton Community Emergency Plan is there ready to be used, operating through South Norfolk Council's Help Hub's contact telephone number **01508 533933**. Please do use the parish website as a resource, as there will be useful information posted up relating to new government guidance and any changes affecting parishioners.

At a South Norfolk and Broadland (SNAB) Community Links meeting on 25th September it was reported that a new system had been implemented to provide support for residents who have tested positive for COVID-19, or are required to self-isolate.

The centralised Track and Trace teams will be referring cases that they have not been able to contact directly, to the district authorities for doorstep checks by one of their representatives. A doorstep check will be undertaken to make the resident aware of how long they are required to isolate for, and what assistance is available locally. In the first instance those residents would be given the Community Help Hub number to make requests for help. These requests could be handed over to the Emergency Planning Groups in the resident's local area for shopping and other basic level support. When referring the resident to the local group, the Help Hub will be made clear whether they had received a positive test or were isolating as a precaution.

Persimmon Homes planning application 2020/0962 – 890 dwellings

Persimmon are looking to resubmit plans which would go to SNC's planning committee in Jan/Feb 2021. It is hoped that

there will be support for the ban on shared roads proposed in the scheme, with planning officers taking into account the Equalities Act 2010 when considering the application.

Council meetings

For the foreseeable future, Easton Parish Council will be holding virtual meetings on the first Monday of every month online via Zoom. The next meetings will be on Monday November 2nd and Monday December 7th, both at 7.30pm.

For a Zoom meeting, please see the parish council website to obtain details for signing up before 3pm on the meeting day. If you would like to log in to view or participate, a passcode will then be sent out. Please contact the Council if you need any further help with this.

*Francis Woodcock, Easton Parish Clerk
Flat 2 Kimberley Hall, Barnham Broom Road, Wymondham
Email: clerk@eastonparishcouncil.co.uk
Telephone: 07879 379181*

Autumn Leaves

Do you know how leaves change their colour in the autumn? They contain substances that convert light into food for the tree. These substances are different colours (pigments): chlorophyll is green, carotenes are yellow and anthocyanins are shades of red.

Depending on the weather conditions, the colour and intensity of the leaves changes. The cold nights reduce chlorophyll and yellow carotenes start to dominate. However, if the weather is cold and dry but not freezing, anthocyanin levels rise and the red shades increase - particularly if it is also bright and sunny.

Most trees shed their leaves in the autumn so that they can grow new healthy ones in the spring. The old leaves will have been damaged over the summer and they would be damaged more in the winter as the water they contain would freeze and expand, bursting the cells. Dropping the leaves also makes the tree less likely to be blown around and damaged by the winter storms.

Easton Women's Institute

It is very difficult to know what to say this month. All the hopes we had for Easton WI getting back to a more normal life have gone and we are back to something a bit like it was in lockdown. It is with great regret that we have had to cancel our speakers for November and December and a big question mark is hovering over what happens after that.

The WI County Federation are trying to provide talks for members that can be accessed online and all our members should have received details of these from me. That leaves our members without any access to the internet with very little contact with the WI in any form. I am really sorry about that and if there is anything else I can do to make you feel included please let me know.

We are in contact with each other informally. If you have had a birthday since we last met you should have received a card hopefully, but not always, on the right day!!

I have still not managed to set up a Zoom member chat as so few people have let me know they are interested in doing that. I am still happy to set this up, just for a chat and at a time which suits the people interested. It costs nothing and is fairly simple to do. If you have a computer, tablet or phone with a camera and sound then you should be able to connect.

All our thoughts at the moment are about what we do at Christmas. Usually all the family come to us for a few days and the house is full of noise, presents, excited children and a traumatised cat (she does not like people). This year it is looking increasingly likely the cat will have a good, quiet Christmas and we shall be missing seeing either of our sons, plus their wives and our grandchildren, for the first time since our eldest son was born in 1978. I am not looking forward to that with much enthusiasm so I am working on a principle of hoping for the best and preparing for the worst and this week I

am going to make our Christmas cake and hope I don't have to make two more to put in the post to each branch of the family!!

I do hope that next month when I sit down to write the WI notes for the Grapevine there is some good news about Covid19 being under control and our family Christmas can happen in some way.

Mary Blathwayt

Easton Community Land Trust

www.easton.org

Easton CLT Annual General Meeting

The first AGM of Easton CLT took place by Zoom meeting on 21st October at 7.30pm. The Land Trust is up to 54 members and it is hoped that over the year this number will increase still further, so please join (for a £1) and support Easton residents to shape the future development of the village amenities and services.

At the meeting Peter Milliken, Jan Hudson and April Caton agreed to remain as board members, which has now expanded to include Jo Burrage, Julia and Benjamin Moye, with Alan Moll agreeing to be Chairman. David Lewis and Margaret Dewsbury have also joined, representing the Parish Council and South Norfolk Council respectively.

Francis Woodcock, Easton Parish Clerk

? Q: What do you get when you drop a pumpkin?
• A: Squash! ?
•

Beat News: Safety First

It is a very sad fact that many of us have been in receipt of some form of scam either through email, telephone call or doorstep cold-calling.

These frauds can take many forms but I would like to bring to your attention a particularly worrying scam which has been doing the rounds. It targets our vulnerable and elderly community members and I would like to appeal to you to share this article with your friends, family and neighbours who may not have access to social media in an effort to forewarn and prevent loss of significant amounts of hard-earned savings.

The scam involves the fraudster telephoning the potential victim and claiming to be a detective from a London police station. The caller may have some personal details such as the name of the potential victim and can sound very convincing. They may say that they have arrested someone who is in possession of stolen bank cards or that they are working with the banks investigating a possible cloning of the victim's bank cards. They then ask the victim to call 999 to verify the authenticity of the claim, however the fraudster keeps control of the phone line and the victim will receive a false message confirming the scam. The victim may then be asked for the bank account or card details or to withdraw a sum of cash from their bank and to hand this over to a courier who will be sent to their address.

Some victims who have fallen prey to this scam have been conned out of thousands of pounds. These fraudsters can be very convincing and I would appeal to all of you to pass on the advice that the Police and Banks will **never** cold-call people and ask for bank account or card details or request that cash is withdrawn and handed over to a courier.

If you receive a call like this **DO NOT** give out any personal details, hang up and call Police on 101 or report the incident via our online reporting forms at www.norfolk.police.uk.

As I mentioned at the top of this article, scams and frauds can take many different forms and you can get further advice from Citizens Advice Bureau and Action Fraud at <https://www.citizensadvice.org.uk/consumer/scams/reporting-a-scam/> and <https://www.actionfraud.police.uk>

*PC460 Andy Hudson, South Norfolk Engagement Officer
Tel: 01953 425699 Ext 2377*

At Day-Close in November

The ten hours' light is abating,
And a late bird flies across,
Where the pines, like waltzers waiting,
Give their black heads a toss.

Beech leaves, that yellow the noon-time,
Float past like specks in the eye;
I set every tree in my June time,
And now they obscure the sky.

And the children who ramble through here
Conceive that there never has been
A time when no tall trees grew here,
A time when none will be seen.

Thomas Hardy



Support to help people self-isolate

Information from Norfolk County Council & Public Health England

Community and volunteer support to help you with your everyday needs while you self-isolate

The Norfolk Community Directory: groups, befriending, and shops and restaurants that offer delivery. Search for Community Directory on the Norfolk County Council website: www.norfolk.gov.uk

Community: networks of volunteers, local council community hubs and community groups for Wellbeing, Necessities, Home needs and more:

Wellbeing

Weekly check-ins
Befriending Services (via phone)
Contact with local community groups
Support to register as vulnerable with services
Offering reassurance and advice on staying well
Guidance and signposting on how to keep active

Necessities

Food ordering
Arranging food collection & deliveries
Picking up prescriptions
Walking pets
Sharing applicable benefits and financial support
Advice on what to do in an emergency
Access to hardship funds

Community Response

Home

Arranging emergency home and heating repairs
Advice on keeping warm/heating the home efficiently
Make the property safe and secure
Housing advice and homelessness advice
Registering for assisted bin collections

Other

Employment support & rights advice
Issues relating to self isolation such as MOT delays etc.
Accessing online services where homes do not have the internet
Acquiring documents or NHS numbers
Enhanced debt & budgetary support
General advice, information and signposting

If you or someone you know needs any of the above help, please contact us on 0344 800 8020

“To protect our community, we need to continue to keep safe from infection and prevent further coronavirus outbreaks”

Norfolk Assistance Scheme (NAS)

NAS provides support to Norfolk residents, aged 16 or over, who are self-isolating or are vulnerable, or are suffering other types of hardship due to the pandemic, offering urgent help with:

- Food, cash or household items
- Providing essentials like fridges, cookers and beds
- Gas and electricity costs

You can apply online by searching for the Norfolk Assistance Scheme on the Norfolk County Council website:

www.norfolk.gov.uk where you'll be asked a few questions to check whether you're eligible.

If you don't have internet access or need help to fill the form in, please call: **0344 800 8020**.

Those who have tested positive for coronavirus with the risk of potentially infecting others & spreading the disease

Self-isolation support payment: From 28 September 2020, employed and self-employed people who have tested positive for Covid-19 or who have been told to self-isolate may be entitled to two types of support payment. There is an NHS Test and Trace Payment and a Local Council Discretionary Payment, each of £500. These are for people who can't work from home, so would lose income if they self-isolated and may be on work-based benefits.

These payments should help you to keep others safe by staying at home and reduce money worries if you have symptoms, need to get tested and shouldn't go out to work.

For more information search Test and Trace Support Payment on the Norfolk County Council website: **www.norfolk.gov.uk**

For local council discretionary payment information, please contact your local authority.

If you don't have internet access or need help to fill the form in, please call: 0344 800 8020

Norfolk Wildlife: November

Amazingly, as trees lose their last leaves and many mammals and insects go into hibernation, some species are giving birth. On a few secluded Norfolk beaches a growing population of grey seals is giving birth, courting and mating in November.



Look out to sea over the seals and you may be lucky enough to see a passing great skua, pomarine skua or little auk.

Songbird migration continues this month with blackbirds, thrushes and skylarks moving in big numbers. The thrushes may stop to feed in coastal sand dunes on the bright orange berries of sea buckthorn. As they do so, they may be harried by merlins or by peregrines. These falcons often join roosts of other raptors, notably at Stubb Mill at NWT's Hickling Broad National Nature Reserve. Here more than a hundred marsh harriers, in the company of other birds of prey, may sometimes be seen coming to roost.

© www.norfolkwildlifetrust.org.uk

**“No spring nor summer’s
beauty hath such grace
As I have seen in one
Autumnal face”**

John Donne



Free delivery every
Tuesday and Friday



Free delivery every
Tuesday and Friday

INTWOOD FARM

PREMIUM NORFOLK MEAT

Supplying home reared beef, pork and lamb direct from our family farm at Intwood
Rare breeds and artisan sausages, joints, steaks, bbq packs sauces and condiments



Special orders welcome

www.intwoodfarm.co.uk

sales@intwoodfarm.co.uk

Or call 07799773084



Daylight Norfolk Company

**Electrical Contractors &
Solar PV Installers**

Fuse Boards, Showers,
Central Heating, Security Lighting,
Smoke Detectors, Lighting & Power
Points, LED Lighting & LED
Security Lighting, Solar PV
Installation & Maintenance
(MCS Accredited)

Mark 01603 881162

or 07825 543357 (Easton)

Darren 01362 858365

or 07931 373917 (Mattishall)

www.daylightnorfolkcompany.co.uk

NICEIC Approved Contractors and
Part P Approved

Little Melton Pre School Nursery

Little Melton Village Hall,
Mill Road, Little Melton
Norwich, NR9 3NX

01603 812362

Registered Charity
No. 1028459

Open Mon-Fri term time
Fully OFSTED Registered

www.littlemeltonpreschoolnursery.co.uk

*'A parent-led nursery with
child-led play'*

M. S. Shingles Ltd Building Services

Professional local service, with over 25 years experience

All Building Works undertaken

Free No Obligation Estimates

Call Mark on Mobile: 07799 691414 Home: 01603 880076

The Oaks, Barford Road, Marlingford, Norwich, NR9 5HU

Grapevine Advertising Put your business here!

For more information contact:

Sally Neale - 01603 882110

heronsbridge20@btinternet.com

L.G.A Services

- ★ Hedge Cutting ★ *Fencing & Gates* ★ Grass Cutting
- ★ *Paths & Patios* ★ Driveways
- ★ *Shed Base* ★ Decking
- ★ *Patio Cleaning* ★ Grass Cutting ★ *Grass Treatment*
- ★ Tree Trimming ★ *Garden Clearance* ★ Planting
- ★ *Seasoned Fire Wood (varied lengths)*

For a free, no obligation, quotation contact Ben:

07340388864

01603 759629

benwarman9@icloud.com

Local Service

Rob Foster Gardening & Lawn Maintenance

*all your weeds and
needs*

free consultation

07473 782250

robertgfoster@aol.com

Woodstock, Bawburgh Road,
Marlingford NR9 5AG



touching hearts, changing lives

Helping you lose weight
and love life even more!

Tue: Easton 5.30 & 7.30pm

Wed: Earlham 9.30 & 11.30am

Wed: Costessey 5.30 & 7.30pm

Call Paula

07961 046619

or

01953 605178

L S Sewing Services

For all your sewing requirements

Custom made curtains and soft
furnishings

Alterations to curtains & clothing
including wedding, bridesmaids
and prom dresses

**Tel: 01603 882085 /
07952 009799**

visit my website for prices
lssewingservices.co.uk

The Goat Shed

Self-service farm shop in
Honingham

**Open 7 days a week
7.30am - 6pm**

Goat's Cheese, Milk and Meat,
free range Eggs, Honey,
Chutney, Bird Food,
Skincare and other local,
seasonal produce.

Cash payment only, so please
remember to bring your change!



The Goat Shed,
Fielding Cottage,
Colton Rd,
Honingham NR9 5DJ

**www.fieldingcottage.co.uk
01603 880685**

Your Local Electrician covering Marlingford, Easton, Colton and surrounding areas

Domestic, Commercial
& Industrial Electrical
Installations, Security,
Repairs, Inspection &
Testing Undertaken

Free Quotations

Tel: 01603 733383

Email: info@easeltd.uk

**East Anglia Service
Engineers Ltd**

One Call Unblocks All!
24 Hour Emergency
Drain Clearing

**TSM Plumbing &
Drainage Services**

- Blocked Drains
- High Pressure Water Jetting
- CCTV Drain Surveys

01603 280144
07827 016047

www.tsmplumbing.co.uk

M.J.FELL
***Plumbing &
Heating***

Heating Systems
Boiler Changes
Power Flushing
Bath Suites

OFTEC REGISTERED

Contact Michael on
01603 881311
07775 518715

email mickfell@talktalk.net



PRO-FIT
SERVICING



**SERVICING
& REPAIRS**



**M.O.T
PREPARATION**



BRAKES



**TYRES &
PUNCTURE REPAIRS**



EXHAUSTS



DIAGNOSTICS



**BATTERY
CHECK**



CLUTCHES

Tel: 01603 757683

UNIT 5, BARFORD IND. EST. WATTON RD.
BARFORD NORWICH NR9 4BG

A Lansdale Chimney Repair/ Builder

9 Cherry Tree Close,
Mattishall, Dereham

**Chimney repairs,
extensions, garden walls,
paving, fireplaces**

Free estimates

Over 30 years of experience

**Mobile 07799 355146
01362 288068**

brianlansdale@gmail.com

**www.lansdalechimneybuilders
andrepairs.co.uk**

CTC HIRE

**Building, DIY,
Gardening Equipment
and Tools**

JCB Micro Digger, Rug Doctor,
Carpet Cleaner, Rotavators,
Compactors, Hedge Trimmers,
Generators, Lawn Scarifier,
Discutter/Grinder and more

The Old Post Office,
Mattishall Road,
East Tuddenham, Dereham,
NR20 3LT

email: mccram@tiscali.co.uk

01603 880062

Laptop and PC Repair, Support & Recycling

PC & Laptops repaired
Laptop screens replaced
Security data wipes
Recycling of e-waste
Virus removal
Data recovery

**Environment agency
licensed**

Call Pete 07810 105908

email info@forage4it.co.uk

www.forage4it.co.uk

Ivan Fisher Dip. F.D

Independent Funeral Director

As a traditional family run funeral
business I am privileged to guide and
assist many bereaved families from all
areas of Norfolk.

With help from my family and carefully
chosen staff, I offer a caring and
professional service at competitive rates.

**Pre-paid Plans Available
Home Visits**

Floral Tributes and Memorials

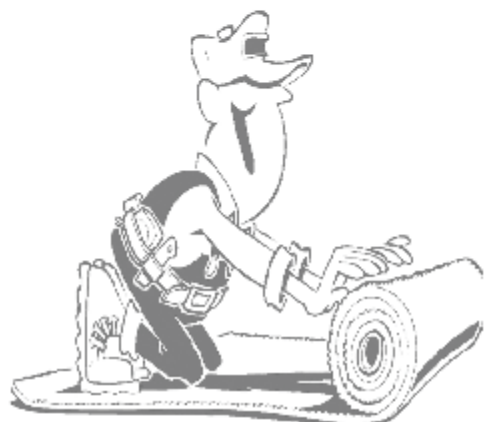
Tel: 01603 810022 (24hrs)

Norton House, 17 Park Drive,
Hethersett, Norwich

www.ivanfisherfunerals.co.uk

Martin's Carpets Ltd

Martin's Carpets Ltd are a family run business ,
with over 25 years experience in the trade.



What We Can Offer:

- Carpets ◦ Vinyl's ◦ L. V. T.
- Free Measuring & Estimating
- Free Grippers & door Bars
- Free fitting service ◦ Floor preparation
- Disposal of old flooring ◦ Removal of furniture
- Door trimming

www.martinscarpetsltd.co.uk
Call Martin on 01603 880087
or mobile 07867-518748

Marlingford Rd, Easton, Norwich. E-mail martinscarpet@hotmail.com

Information for the Villages

St. Peter's VC Primary School, Easton		01603 880553
Easton College		01603 731200
Easton College Tennis Centre		01603 731302
S.N. District Councillor	Mrs. Margaret Dewsbury, 6 Park Avenue, Barford NR9 4BA	01603 759693
Norfolk County Councillor	Mrs Margaret Dewsbury (as above)	
Colton Village Hall – Bookings	Rosie Castle, Darwin, Norwich Rd, Colton	01603 880191
Colton Carpet Bowls Club	Dennis Mickleburgh, Avalon, The Street, Colton	01603 880391
Easton Badminton Club Sec	Mrs.C.Brown, 22 Marlingford Way, Easton	01603 880433
Easton Bowls Club Sec	Mrs. M. Cossey, 28 Woodview Rd, Easton	01603 880789
Easton Crafters Club	Mrs Janet Morris	01603 471144
Easton Football Club	Michael Cossey, 73 Marlingford Way, Easton	01603 880143
Easton Good Companions Sec	Pamela Hooker	01603 880867
Easton Gym Club	www.thegym4u.co.uk	01603 960511
Easton Judo Club Coach	Chris Abel, 29 Goulburn Rd, Norwich chris@eastonjudoclub.co.uk	0845 388 6895
Easton Junior Football	Gavin Tipple gtipple@easton-college.ac.uk	01603 731585
Easton Junior/Senior Netball	Karl Chapman kchapman@easton-college.co.uk	
Easton Post Office	Open Tuesdays & Thursdays 9am till 2pm	01603 880007
Easton Village Hall Bookings	Mrs M. Cossey, 28 Woodview Rd.,Easton	01603 880789
Easton W.I. Sec	Mrs M. Cossey, 28 Woodview Rd.,Easton	01603 880789
Marlingford Village Hall Bookings	Pauline Baker	01603 881268
Doctors (Surgeries):	Costessey, Roundwell Beechcroft Hethersett Mattishall	01603 744014 01603 746683 01603 811323 01362 850227
Police		Non urgent 101 Emergency 999
Hospitals	Norfolk & Norwich, incl. West Norwich Julian & Hellesdon Dereham, Northgate Kelling	01603 286286 01603 421421 01362 692391 01263 713333
Community Car Scheme	Jean & Dave Ditton	01603 880857
Citizens' Advice Bureau	Wymondham	03444 111444
Relate		01603 625333
Samaritans		01603 611311
Charing Cross Centre (Self help groups)		01603 620926

IAN WICKHAM

Bespoke furniture maker

Bespoke joinery

Furniture restoration

General home carpentry

Established local craftsman based in Easton

All carpentry work considered

Email: ianwick76@gmail.com Tel: 07867 976718

SOOTS

MEMBER OF
THE INSTITUTE OF CHIMNEY
SWEEPS

PAUL MAY CHIMNEY SWEEP

3 FELLOWES ROAD
HONINGHAM, NORWICH
NORFOLK, NR9 5BD

TEL: 01603 880704
MOBILE: 07879 333395

pauljmay77@gmail.com

UNDER NEW OWNERSHIP

Chapman Electrical Ltd

NICEIC & ECA approved
Part P registered

Free estimates for

Extra points

Security lighting

Showers / smoke detectors

Electric underfloor heating

Replacement fuseboards

Domestic & Industrial

Tel: 01603 880654

Mob: 07850 815424

rolychapman@btconnect.com

www.rchapmanelectrical.co.uk